

At the Heart of it All"



Retreat Leader
Sr. Faith Margaret
*Community of the Holy Spirit,
New York City*

Sr. Faith Margaret has been a member of the Community of the Holy Spirit for 21 years, living at the Manhattan convent. A focus of the Community is educating all ages in the ways of peace, ecumenism, sustainable living, and care of the whole Earth community.

In addition to administrative duties at the Community, Sr. Faith Margaret is a spiritual director and retreat conductor and "has learned more about maintaining old Brownstones" than she ever wanted to know. She has been a teacher, a medical trust analyst and is Treasurer of the Diocese of

New York. She finds the quiet prayer of contemplation and her regular retreats an essential balance to her active life.

Words from Sr. Faith Margaret
Lady Julian wrote that God - Creator, Redeemer, Sanctifier - is our ground and our substance, the very essence of our nature. Sr. Faith Margaret will offer meditations to encourage reflection on how God is at the heart of it all and will explore the essence of the God who loves us like a mother, who died to redeem our sinful nature and who walks with us in holiness each day of our lives.

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The annual Women's Institute is sponsored by the diocesan Episcopal Church Women's Council. The weekend begins with Quiet Day at 10:00 a.m. on Friday and concludes after Eucharist on

Sunday. We encourage you to register early to reserve your space.

Registration forms are available on the ECW website www.ecwarkansas.org, or use the tear off form on the reverse of this page.

Printed on recycled paper.

"Stewardship of the Soul"

(Contemplative Practices for Tending
the Inner Garden)



Friday Quiet Day
The Rev. Edie Bird
*Vicar, St. James Episcopal Church
Eureka Springs*

Words from the Rev. Edie:
Borrowing ancient wisdom
of the Desert Fathers and

Mothers who tended the inner garden of the soul following the teachings of Jesus, we will explore practices such as watchfulness of thoughts, guarding of the heart, and unceasing prayer and their practical application in our busy and disjointed modern lives. Come for a tune-up of body, mind and heart.

REGISTRATION FORM -- WOMEN'S INSTITUTE at CAMP MITCHELL, June 6-8, 2008
(please print clearly)

Name _____

Address _____

City _____ State _____ Zip _____
Code _____ Parish _____

Phone _____ Email _____

Overnight Registration and Housing: indicate first and second choice by 1 and 2
(*Linens include towels, blankets, pillows, and sheets.)

- Linens Provided \$150
- Linens NOT Provided \$135
- ___ Grace Lodge
- ___ Howe Cabin
- ___ Canterbury
- ___ Log Cabin
- ___ Darragh Cabin
- ___ St. Andrews
- ___ Infirmary
- ___ Youth Cabin
- ___ Stone Cabin

___yes ___no Will you attend Quiet Day and lunch on Friday, June 6, from 10 a.m. to 3 p.m.? (Holy Eucharist begins at 2 p.m.)

Day Only Registration Friday: _____ with lunch, \$30; _____ with lunch and dinner, \$50
Saturday: _____ with lunch, \$35; _____ with lunch and dinner, \$50

___yes ___no Will you have special needs such as dietary, physical limitations, or other? If yes, please specify _____

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Meals please indicate meals you plan to attend.
Friday: **Lunch** ___yes ___no, **Dinner** ___yes ___no
Saturday: **Breakfast** ___yes ___no, **Lunch** ___yes ___no, **Dinner** ___yes ___no
Sunday: **Light Breakfast** ___yes ___no, **Brunch** ___yes ___no

T-Shirts: \$15 S-XL and \$16 2X-3X. Order by May 9. Include payment with registration. *This year's T-shirts will be designed to support the environment and Camp Mitchell*
Check size: small ___ medium ___ large ___ x-large ___ xx-large ___ xxx-large ___
Return completed registration form, with check made payable to **Episcopal Church Women**, to:
Susan Carter, 330 Woodland Drive, Helena, Arkansas 72342 (home phone 870-338-6077; E-mail scarter72342@yahoo.com)
Fees are not refundable after May 9.